

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Mhlaga Paulk

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

**TIME** 05:03:15

**PACE** 06:18/km

**OVERALL** 178 of 428

27 October 2018, Sat

**Date** 

**GENDER** 169 of

368

**40+** 57 of 118